

# Are you related to a parent with a drug or alcohol problem?



***In Oxfordshire we're trying to help children in families affected by a drug or alcohol problem. We need the help of people who have first-hand experience of this widespread concern to tell us how to get it right.***

If you are linked to a child's family where an adult has a drug or alcohol problem we would like to hear from you.

You could be a:

- child/young person currently living with a parent who has a problem with alcohol or drugs; or an
- adult who grew up with a parent or carers' problem with drugs or alcohol; or
- any relation of a child who lives with an adult who has a problem with drugs or alcohol; or finally you might even be a
- parent who has a problem with drugs or alcohol.

Drug and alcohol misuse affects over 1,000,000 families in the United Kingdom, remember, you are not alone and we promise not to judge you. With your help we will be able to build support services which work for families in your situation.

Please contact Gavin on tel. 01865 328583 for further details. If you do not feel comfortable contacting us by phone, but want to tell us something, you can write to us at:

Gavin Moorghen  
Oxfordshire County Council  
County Hall  
Oxford, OX1 1ND

or leave a message on Facebook: OXadfam (if you are under 18 years of age)  
OXadfam18plus (if you are over 18 years of age).

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