

# CONTACTS

## ADVICE AND INFORMATION

### Children's Legal Centre

(0800) 783 2187

[www.childrenslegalcentre.com](http://www.childrenslegalcentre.com)

Advice and information about any legal issue relating to young people.

### Community Legal Service

(0845) 345 4345 (local rate)

[www.communitylegaladvice.org.uk](http://www.communitylegaladvice.org.uk)

Information on legal problems, local advice, legal aid and more.

### The Gap

23 Park End St, Oxford OX1 1HU

(01865) 201818

Day service facility offering support and information for young offenders.

### SMART

(01865) 403 240

Independent service for people who have been arrested for drug/alcohol related offences. Not part of the police, social and health care or probation.

### Talk to Frank

Freefone (0800) 776600

Advice for any drug offence.

[www.talktofrank.com](http://www.talktofrank.com)

### The Young Person's Safety Net

Freefone (0800) 616101

M-F 9am-7pm, Sa 10am-2pm

Information, advice, advocacy or legal representation.

[www.nyas.net](http://www.nyas.net)

### Youth Access

(020) 8772 9900 M-F 2-5pm

Can put you in touch with local sources of help.

[www.youthaccess.org.uk](http://www.youthaccess.org.uk)

## Youth Offending Team

(01865) 202218

Advice around issues relating to youth offending.

## PROTECTION FROM VIOLENCE & ABUSE

### The Ark

(01865) 842777

Therapeutic help for young people who have been sexually abused and for their families. M-F 9-5 by appointment only.

### Asian Women's Helpline

(0800) 052 6077 M-F 10am-noon, 2-4pm

Free confidential information and support for Asian women.

### Childline

Freefone (0800) 1111

24/7 help with any problem.

### Crimestoppers

Freefone (0800) 555111

Call to report car theft. Anonymity guaranteed

### HALT (Homophobia Awareness Liaison Team)

(01865) 243389

Call to report homophobic harassment in confidence. Support for victims.

### Housing Services

**Oxford City:** 01865 252859

**Cherwell District:** 01295 252535

**South Oxfordshire:** 01491 823353

**Vale of White Horse:** 01235 520202

**West Oxfordshire:** 01993 770000

### Kidscape

(020) 7730 3300

Advice on ways to stop bullying  
[www.kidscape.org.uk](http://www.kidscape.org.uk)

### **The Line**

Freephone (0800) 884 444  
M-F 3:30 -9:30pm; S-Su 2-8pm  
Help for young people living away from home.

### **Men As Survivors Helpline (MASH)**

(0117) 907 7100 Th 7-9pm  
www.mash-online.co.uk  
Telephone counselling and advice for men who have been raped or sexually assaulted.

### **NSPCC**

Freefone (0808) 800 5000 24/7  
Textphone (0808) 056 0566  
www.nspcc.org.uk  
Dedicated to protecting children.

### **Oxford Sexual Abuse and Rape Crisis Line**

(01865) 726295  
M & Th 6:30-9pm, Tu & Su 6-8:30pm  
www.oxfordrapecrisis.net  
Helpline for anyone assaulted, threatened, harassed or raped recently or in the past.

### **Oxfordshire Chinese Community Advice Centre**

44b Princes St, Oxford OX4 1DD  
(01865) 204188  
Help for victims of domestic violence in the Chinese community.

### **Police**

(0845) 850 5505 (Ask for Domestic Violence)  
Help and advice for people worried about violence at home. You don't have to give your name. If you are being hurt now call 999.

### **Social and Health Care Emergency Line**

Freefone (0800) 833408 out of hours For emergencies such as danger at home, suddenly homeless or similar.

### **Survivors UK**

(0845) 1221201 (local rate) Tu & Th 7-10pm  
www.survivorsuk.org  
Helpline for men who have been sexually abused.

### **Suzy Lamplugh Trust**

(020) 887 60 30 5  
www.suzylamplugh.org  
Information on how to avoid being a victim of crime.

### **Victim Support**

**National:**(0845) 30 30 900  
**North:**(01295) 277990  
**Oxford:**(01865) 751511/751512  
**South:** (01235) 811186  
Support for victims of crime, rape, murder or domestic violence.

### **Women's Aid Berkshire**

(0118) 950 4003 24/7  
Refuge accommodation for women 17+ and their children. Children must be under 17 for girls and under 16 for boys.

### **Women's Aid Oxfordshire**

(01865) 778 400  
Help for women experiencing domestic violence and their children, including emergency accommodation, advice and support. Outreach support in rural areas for children and young people under 18 who are experiencing domestic violence.

## YOUR RIGHTS

### **ACAS**

(0845) 747 4747 (local rate)  
Advice on employment rights.

### **Banbury Racial Equality Council**

(01295) 264518

### **Consumer Direct**

www.consumerdirect.gov.uk  
Site run by the Department of Trade and Industry providing reliable information and advice for consumers.

### **Disability Rights Commission**

(0845) 762 2633  
Help with discrimination because of a disability

### **Electoral Registration Officers**

**Cherwell:**(01295) 221534

**Oxford:**(01865) 252987

**South Oxon:**(0800) 389 5560

**Vale:**(01235) 540310

**West Oxon:**(01993) 770253

To register to vote.

### **Food Safety**

**Cherwell:**(01295) 221616

**Oxford:**(01865) 252894

**South Oxon:**(01491) 252894

**Vale:** (01235) 540375

**West Oxon:** (01993) 770222

For complaints about food you buy in a shop, a pub or a restaurant.

### **HALT**

(01865) 243389

Call to report homophobic harassment in confidence.

Lesbian and Gay Employment Rights

Men: (020) 7704 6066

Women: (020) 7704 8066

M-F 12-4pm

### **Look**

(0121) 428 5038 [www.look-uk.org](http://www.look-uk.org)

Support and advocacy, information, and 1-2-1 help for young people who are visually impaired.

### **Stonewall**

[www.stonewall.org.uk](http://www.stonewall.org.uk)

working for equality and justice for lesbians, gay men and bisexuals

### **Oxford Friend**

(01865) 726893 Tu, W, F 7-9pm

[www.oxfordfriend.co.uk](http://www.oxfordfriend.co.uk)

Helpline for lesbians, gays and bisexuals.

### **Oxfordshire Council of Disabled People (OCDP)**

35 Leopold St, Oxford OX4 1TW

(01865) 792226

Works to prevent and combat discrimination against disabled people.

### **Trading Standards**

PO Box 618, County Hall, New Rd,

Oxford OX1 1DX (01865) 815000

[www.oxon-tss.org.uk](http://www.oxon-tss.org.uk)

Advice and information on any consumer issue.

### **WAYOUT**

(01865) 243389

Weekly social group in Oxford for lesbian, gay and bisexual young people and those questioning their sexuality.

